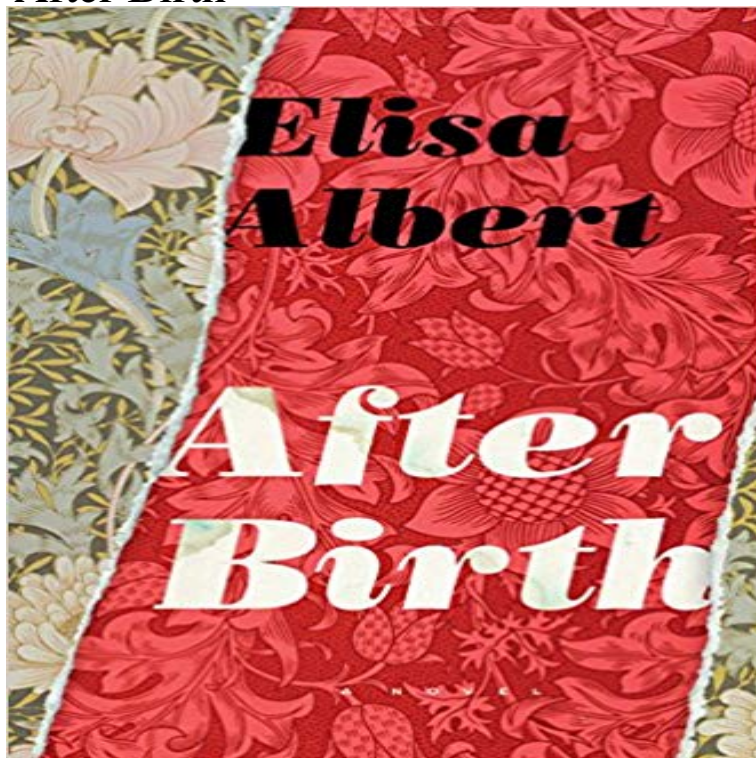


## After Birth



A widely acclaimed young writer's fierce new novel, in which childbirth and new motherhood are as high stakes a proving ground as any combat zone. A year has passed since Ari gave birth to Walker, though it went so badly awry she has trouble calling it birth and still she can't locate herself in her altered universe. Amid the strange, disjointed rhythms of her days and nights and another impending winter in upstate New York, Ari is a tree without roots, struggling to keep her branches aloft. When Mina, a one-time cult musician older, self-contained, alone, and nine-months pregnant moves to town, Ari sees the possibility of a new friend, despite her unfortunate habit of generally mistrusting women. Soon they become comrades-in-arms, and the previously hostile terrain seems almost navigable. With piercing insight, purifying anger, and outrageous humor, Elisa Albert issues a wake-up call to a culture that turns its new mothers into exiles, and expects them to act like natives. Like Lionel Shriver's *We Need to Talk About Kevin* and Anne Enright's *The Gathering*, this is an daring and resonant novel from one of our most visceral writers.

Learn about the physical and emotional changes your body goes through the first 6 weeks after giving birth. Includes symptoms and treatments. The average newborn weighs approximately 7.5 pounds. But how many pounds will YOU weigh when you walk out of the delivery room? And how long will it take? Afterbirth: The placenta and fetal membranes that are expelled from the uterus following the baby's birth. Hence, the afterbirth. The placenta is what joins the baby to the mother. Advice about stitches, piles, bleeding and other physical changes after birth, plus tips to help you make a healthy recovery. I was as nervous about having sex the first time after giving birth as I was about having sex the first time ever. Many of the thoughts running through my head in the days after giving birth, you'll notice you've changed somewhat - both physically and emotionally. Here's what to expect after labor and delivery. If you're wondering how your vagina might change after giving birth, experts are here to share what you need to know. - 2 min Find out what will happen to your baby right after delivery, from cord cutting to the APGAR score. Wondering when you can have sex after the birth, and how to deal with any sexual issues after having a baby? Our expert explains the best approach. A lot happens in the first few days after the birth of your child. Find out what to expect, what will be happening to your body and how you might be feeling. How will I feel after my baby is born? How will my body change after the birth? How long will it take to lose weight after the birth? What takes longer to recover? Editorial Reviews. Review. After Birth is a voluptuous, hilarious, scaldingly and exhilaratingly honest account of new motherhood, emotional exile, and the self you are pregnant with your first baby, you

might be wondering what changes may occur in your body during the first 24 hours after you give birth. This pageFind out how you change physically after you give birth.What to expect after your baby is born, including information on skin-to-skin contact, bonding, stitches and vitamin K injections.