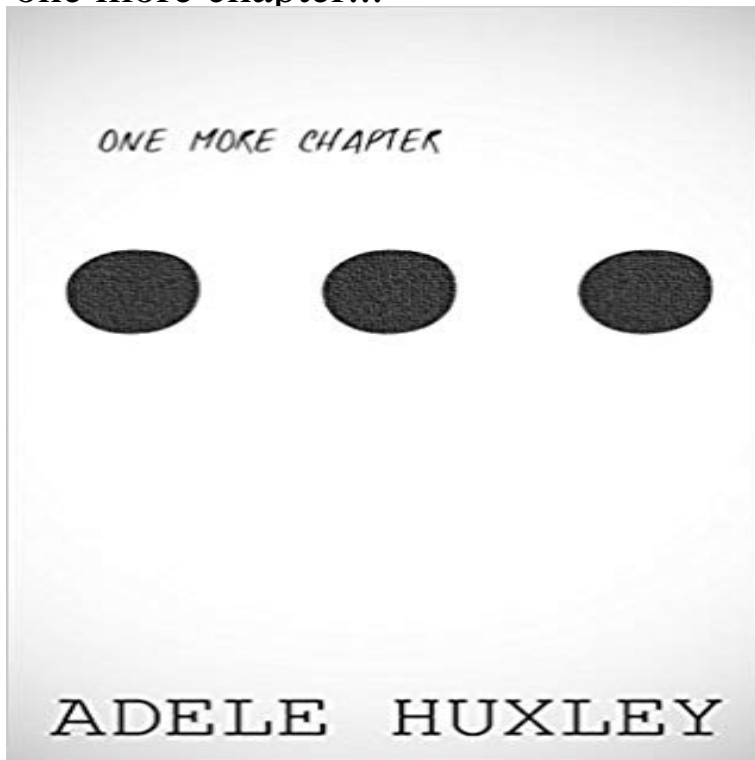


one more chapter...



I saw my life branching out before me like the green fig tree in the story. From the tip of every branch, like a fat purple fig, a wonderful future beckoned and winked... I wanted each and every one of them, but choosing one meant losing all the rest, and, as I sat there, unable to decide, the figs began to wrinkle and go black, and, one by one, they plopped to the ground at my feet. I'm a mother and a wife. I'm a professional athlete, respected politician, and musician. I could have been all these things and a hundred more, but I'm not. I'm a middle-aged woman, alone, and suffering from the worst case of writer's block. In the darkest days of my life, I'm granted the opportunity to see how all these different branches might have looked. Each fig that I let wrinkle and die... With each one, I hold my breath, brace for the ending, and find myself wanting one more chapter... Authors Note This short story examines mental illness in a humane, but frank way. Depression, anxiety, and suicide are discussed, which may make some readers uncomfortable. I released this book in May for Mental Health Awareness Month. Proceeds from this book will be donated to the Brain and Behavior Research Foundation. This wonderful organization grants scientists the money they need to research treatment for mental illnesses. You can learn more about their work here: bbrfoundation.org/about

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